



Taekwondo Australia Inc. presents

Inter-Club Level 1 Coaching Course

National Coaching Accreditation Scheme (NCAS)

Course Program Includes:

- **General Coaching Principles Course (an online component)**
- **Competition Rules and Championships Procedures**
- **Match Management and Seconding the Player**
- **Competition Techniques and Tactics**
- **Coaching Better and Micro-teaching**

Course Information:

- **A minimum 80% attendance is required in addition to satisfactory completion of a written assignment and practical assessment**
- **The cost of the course (\$200 – GST inclusive) includes all manuals, workbooks, assessment and associated costs.**
- **Applicants are responsible for their own stationary, Taekwondo equipment and lunch.**
- **Applicants should be appropriately attired for practical as well as theory sessions.**

Benefits of the Inter– Club Level 1 Coaching Course to the coach:

- **increases confidence and competence in coaching ability**
- **promotes an ongoing progressive improvement of knowledge and expertise in taekwondo**
- **incorporates an involvement with, and an understanding of, sports science enabling a more in-depth approach to coaching**
- **promotes the use of safe and correct taekwondo techniques**
- **improves communication skills**
- **encourages the development of innovative coaching techniques**
- **aims to increase the enjoyment of sport for both coaches and athletes.**
- **opportunity to become Presenter and Assessor for the TA NCAS Courses**
- **eligibility to coach at all sanctioned Taekwondo Australia events**

Accredited coaches also receive discounts on various workshops and publications. You will also receive an Accreditation card, and regular newsletters and information.